# **SKIN TAGS**

#### **Definition:**

- 1. Skin Tags, also called papillomas or acrochordons, are soft, flesh-colored tags of skin seen in the middle-aged or elderly. Often they are pedunculated.
- 2. Occur in clusters around neck, upper chest, axillae, inguinal fold and eyelids.

## **Diagnosis and Management:**

#### **Treatment:**

- 1. After cleansing skin, grasp apex of tag with forceps and cut the base with sharp scissors level with the normal skin. No anesthesia is required and bleeding is controlled with pressure.
- 2. Liquid Nitrogen can be used to freeze small skin tags. They will dry up and fall off in about one week after treatment.

### **Indications for Specialty Referral:**

None necessary. Skin tag removal is considered cosmetic. Consult only required if diagnosis is uncertain.

### **Criteria to Return to Primary Care:**

Once stable on treatment

Last Reviewed: June 2013

Guidelines require review every 3 years